



Junior Preliminary Skills Evaluation 2019-20

It is a requirement of Surf Lifesaving Victoria that ALL nippers complete a preliminary skills evaluation prior to enrolling in Nipper programs. This form **MUST** be completed for each child by a qualified coach/teacher or qualified pool lifeguard.

Please forward a digital copy or photograph of this form with your Nipper Membership Application online

Age Group	Swim Requirement	Float Requirement	Passed
Under 8 30/9 Age 7	25 metre (any stroke)	1 minute survival float	
Under 9 30/9 Age 8	25 metre (any stroke)	1 minute survival float	
Under 10 30/9 Age 9	25 metre (freestyle)	1½ minute survival float	
Under 11 30/9 Age 10	50m swim (freestyle)	2 minute survival float	
Under 12 30/9 Age 11	100m swim (freestyle)	2 minute survival float	
Under 13 30/9 Age 12	150m swim (freestyle)	3 minute survival float	
Under 14 30/9 Age 13	200m swim (freestyle) in less than 5mins	3 minute survival float	

Nipper Name: _____

Swim Coach / Teacher / Pool Lifeguard Name: _____

Place of Employment / Swim Club Affiliation: _____

Contact Number: _____ Date: _____

Signature: _____

Age group is defined by Nipper's age at 30th September.

Thank You



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